## Wellness Funding Application Payukotayno: James & Hudson Bay Family Services

The purpose of this funding is to support wellness for your family and the child(ren) you are caring for. This funding is available to all resource families and children/youth in care for the purpose of engaging and participating in healthy activities away from home.

The COVID 19 pandemic has created many stressors to families, which can have an impact mental health and wellness. As an agency, we recognize the importance of supporting our families through land based initiatives to help relieve anxiety and promote wellness/self care. We also understand many individuals are preparing for their spring harvest, which can become costly during these already challenging times. We want to help! Funding must be used by March 31, 2021.

Please complete form below and return to your designated Resource Worker or Child Care Worker. **Resource Parent(s) Name:** Child/Youth In Care Name(s): Proposed Activity date(s): What activity will the funding support? le. Preparation of spring camp, day picnic, camping, etc. What is needed for your Activity? Check what applies and amount required. Fuel: Gas Propane 🗌 Amount: Food: How many people? How many days? Amount: Wood: Amount: Other: Please identify? Amount: Examples of other: Snowshoes, skates, sleds, gear/clothing, etc. **Future Planning:** Will you be attending Spring Harvest this year? Yes If so, are you planning to take the child(ren) your caring for?